

ATHLETIC TRAINING

ABOUT A DEGREE IN ATHLETIC TRAINING

Athletic trainers help prevent and treat injuries for people of all ages – athletic training is healthcare for the physically active. Athletic trainers specialize in the prevention, diagnosis, assessment, treatment and rehabilitation of musculoskeletal injuries and illnesses. They try to prevent injuries by educating people on how to reduce their risk for injuries and by advising them on the proper use of equipment, exercises to improve balance and strength, as well as apply preventive taping and braces. They are among the first to evaluate an injury when it occurs, make a diagnosis, then design a treatment/rehabilitation program to return the person to his/her previous level of activity as quickly as possible.

CAREER OPPORTUNITIES

Certified Athletic Trainer
Entrepreneurial

Medical Equipment Sales
Rehabilitation Specialist

College Professor

RELATED SKILLS

Communication
Problem Solving
Multi-Tasking

Decision Making
Interpersonal
Organization

Independence
Focus
Attention to detail

HIRING INSTITUTIONS

Colleges and Universities
High Schools
Physicians' Offices
Theme Parks
Sports Medicine Clinics

Professional Sports Teams
Military
Extreme Sports
Fire/Law Enforcement Depts.

Hospitals
Fitness Centers
Industrial Settings
Dance Troupes

JOB OUTLOOK

Employment of athletic trainers is projected to grow 37 percent from 2008 to 2018, much faster than the average for all occupations, because of their role in preventing injuries and reducing healthcare costs. Job growth will be concentrated in the healthcare industry, including hospitals and offices of health practitioners. Fitness and recreation sports centers also will provide new jobs, as these establishments grow and continue to need additional athletic trainers to provide support for their clients. Growth in positions with sports teams will be somewhat slower, however, as most professional sports clubs and colleges and universities already have complete athletic training staffs. (Source: Bureau of Labor Statistics)

WORK ENVIRONMENT

The industry and individual employer are significant in determining the work environment of athletic trainers. Many athletic trainers work indoors most of the time; others, especially those in some sports-related jobs, spend much of their time working outdoors. The job also might require standing for long periods, working with medical equipment or machinery, and being able to walk, run, kneel, or stoop. Some travel may be required. (Source: Bureau of Labor Statistics)

COMPANIES THAT HIRED TU STUDENTS

Cabot Public Schools
Eastern Oklahoma Orthopedic Center
Tulsa Shock

Del Norte High School (NM)
Texas Rangers
Union High School

Disney World
Tulsa Bone and Joint
University of Texas– El Paso

(Source: TU Career Services)

DISCLAIMER: These companies are not associated with, sponsored, or endorsed by The University of Tulsa. This sheet is provided simply as a suggestion for students conducting their own job search, not as a decision-making aid. Students should consult with counselors, parents, and/or other trusted sources before making a decision regarding a job or internship acceptance.