FREE PUBLIC LECTURE

PLASTIC FREE

HOW I KICKED THE PLASTIC HABIT HOW YOU CAN TOO



Beth Terry

Author of MyPlasticFree Life.Com (the blog formerly known as Fake Plastic Fish)

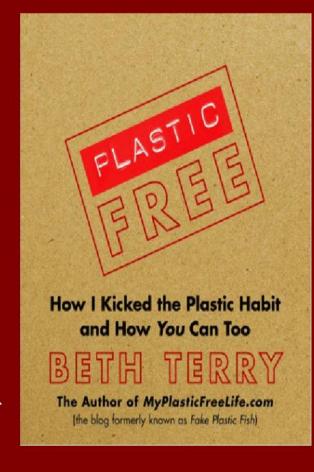
Tuesday, April 2, 2013 Allen Chapman Activity Center The University of Tulsa

5:30 pm - make:Tulsa Recycled Art Demos 7:00 pm - Lecture

Five years ago, accountant Beth Terry began an experiment to see if she could live without acquiring any new plastic. Since then, she has successfully reduced her plastic waste to less than 2% of the national average. Now she wants to help you kick your plastic habit. In her talk, Terry will share personal anecdotes, inspiring stories, practical solutions, and the reasons why, despite what some critics assert, our personal actions really do make a difference. Beth Terry is the author of the popular blog MyPlasticFreeLife.com and book *Plastic-Free: How I Kicked the Plastic Habit and How You Can Too*.

To welcome Terry, make: Tulsa, a group of crafters, artists, and designers in the Tulsa area, has organized a hands-on workshop for alternative uses for plastic and other recyclables. Attendees will learn to make a variety of useful and decorative items out of recyclable materials, including bottle cap pincushions, newspaper gift bags, plastic milk carton storage containers, and junk mail earrings.

Participants are encouraged to bring some of their own recyclable materials — bottle caps, newspapers, junk mail, and/or plastic milk cartons. Anything not used will be recycled at the end of the evening. There will also be an idea table from the Tulsa Public Library, if you'd like to try something different as well as a display table of upcycled/recycled art for further inspiration.



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