Health Care Resources and Information

ALEXANDER HEALTH CENTER (AHC)

Seek medical attention at the ALEXANDER HEALTH CENTER first for minor illnesses and injuries. If the AHC is closed, an Urgent Care Center may be a good choice. They are open after hours and on weekends and holidays.

See hours listed under Urgent Care Center.

Community Resources

DVIS/Call Rape .....(918) 585-3143
Planned Parenthood .....(918) 587-1101
Poison Control.....(800) 222-1222
Suicide Prevention Lifeline.....(800) 273-TALK
H.O.P.E Testing.....(918) 749-8378
Oklahoma Blood Institute .....(918) 477-0400
Poison Control.....(800) 222-1222

Dental Resources

Dr. McGinitty.....(918) 834-2330
Dr. Toole.....(918) 743-9946

URGENT CARE CENTER

They can treat **minor ailments** and are a good choice if the AHC is closed. The cost will be less than an ER. If it's not urgent, you may want to wait until the AHC reopens. **An urgent care center can help with:**

- Sprains/Strains
- Minor Broken Bones
- Mild Asthma Attacks
- Minor Infections
- Small Cuts
- Sore Throats
- Rashes
- Minor Burns
- Urinary Tract Infections
- Pelvic Infections
- Upper Respiratory Infections
- Flu-like Illness
- Vomiting/Diarrhea

MedCenter ..... (918) 392-5100
1623 South Utica Avenue (17th & Utica)
Hours: M-F: 8a-8p and Sat-Sun: 10a-5p

St. John Urgent Care ..... (918) 748-1300
1717 South Utica, Suite A
Hours: Mon-Sun: 8a-8p

Warren Clinic Urgent Care .. (918) 495-2600
6160 South Yale Avenue
Hours: M-Sat:9a-9p and Sun 1p-9p

EMERGENCY ROOM (ER)

In the ER, true emergencies are treated first. Other cases must wait, sometimes for hours, and it may cost you more. Go to the ER for:

- Heavy Bleeding
- Large Open Wounds and Major Burns
- Sudden Change in Vision
- Chest Pain
- Sudden Weakness or Numbness
- Trouble Breathing/Shortness of Breath
- Spinal Injuries/Head Injury
- Severe Headache
- Difficulty Speaking
- Loss of Consciousness
- Severe Abdominal Pain
- Poisoning
- Suicidal Feelings

If a situation seems life threatening, call *9-911* if on a campus phone or *911* from a cell phone.

Local Hospitals:

Hillcrest Medical Center (918) 579-1000
1120 South Utica Avenue
St. John Medical Center (918) 744-2345
1923 South Utica Avenue
St. Francis Hospital (918) 494-2200
6161 South Yale Avenue
OSU Medical Center (918) 599-1000
744 West 9th
Hillcrest South Hospital (918) 294-4000
91st & Hwy 169